



THE FACILITY

Jamie Kesick

Jamie was a catcher and utility player for the Atlantic 10- Division 1 Fordham Rams. Jamie has been coaching for the past 20 years. She has a Master's degree in Coaching and Athletic Administration from Concordia University and will begin her Master's in Social Work in January 2024. She promotes a mental training program as well as the traditional fundamentals approach. Jamie has an ability to meet the player where they are and bring out the confidence and ability to get them to their next level.

Testimonials from past and current parents/students:

"Jamie Kesick is one of the best coaches/mentors | have ever had in my life. Not only does Jamie care about her students, she works with them with tough love. Jamie has helped me in every aspect of the game, including the parts that often go unnoticed such as the mental parts of softball. She has so much knowledge of the game and knows how to teach her students no matter their previous experience. I have watched her coach and teach ages from 8-18 and have found a way that works for each individual. She truly wants the best for every player and will work with you until you are comfortable. Jamie is truly a great coach and is someone who I know I can always trust to help me with anything I need."

Maddy Dodig
Binghamton University Softball
Class of 2026

"Jamie is an extremely knowledgeable coach, not only when it come to breaking down meticulous mechanics of fielding, catching and hitting but when it comes to the mental mindset a player must have to succeed in a game that is based around failure. I couldn't be more grateful that my girls get to work with Jamie but on top of that she makes it postive and fun."

Kristina Benjamin
8u and 10u parent

